

# Tork Tips: 10 ways you can reduce costs, improve hygiene and save the planet.



- 1** Artificial light accounts for 44% of the electrical use in office buildings. Do what you can to reduce that amount, be sure to turn off lights when you'll be out of the room for more than 15 minutes, use Energy Star rated bulbs, or install light sensors or dimmable fixtures.
- 2** That stack of C-fold towels provided for customers in the restroom is messy looking, unhygienic, and encourages overuse. Replace with a controlled consumption Tork towel dispenser to reduce usage and waste, improve hygiene and image, and save money.
- 3** Did you know that warm air dryers increase bacterial counts on people's hands by up to 254%? Drying your hands with paper towel leaves your hands 99.9% bacteria-free.
- 4** Using hardwound roll towels in a controlled consumption dispenser reduces usage and waste. Tork Matic roll towels are guaranteed to reduce your costs by 10% compared to using conventional folded towels.
- 5** Print smarter; the average office uses 10,000 sheets of paper a year. Print on both sides, change the margins so more fits on each page, and change the print quality to draft mode whenever possible. Of course, try to be as paperless as possible and be sure to use process chlorine free recycled paper when you do need to print.
- 6** Ensuring easy access to recycling for paper, cans, and bottles and working with a recycling service will reduce the amount of waste going to local landfills.
- 7** Use of 100% recycled paper products over virgin products reduces greenhouse gas emissions by 37%. All internally-manufactured Tork products are made from 100% recycled fibers and many are certified by independent third parties.
- 8** Proper hand washing awareness and routines are the best defense against sickness. Employees that are out sick cost an average of \$660 per day. Even worse, presenteeism (coming to work sick) hits the bottom line to the tune of \$2000 per employee each year, from lost productivity to getting co-workers sick. Presenteeism also accounts for 60% of employees lost productivity and medical costs.
- 9** 40% of workers neither wash their hands long enough or often enough to promote good hygiene practices. Simple steps, like posting handwashing reminders, are missed in 73% of work places.
- 10** If your custodial staff uses the same cloth rag to clean multiple surfaces in several areas of your building, the risk of cross contamination is high. Instead choose disposable wipers made specifically for the appropriate application. Tork offers a wide range of high-quality wipers to meet all of your needs.

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